



QUARTERLY NEWSLETTER

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A Letter from the editor



As we navigate this new opportunity to learn and grow through distance learning, we may feel unsure and anxious at times, and this is ok. A colleague recently reminded us that instruction at home is not going to look and feel like instruction at school, and this is ok.

It is important to remind yourself, you are not alone in this journey. Our SESA Specialists and staff are here for you. Whether you need words of encouragement, to think out loud about an idea/challenge, or need technology or instructional support, we are in this

together. In this newsletter, we changed our format to accommodate the current situation with COVID-19 by providing vetted resources to help support our students with low incidence disabilities. This is not an exhaustive list, but rather a place to start.

So settle in with a warm beverage, put on comfy clothes, and perhaps snuggle up with a warm blanket as you browse the resources SESA specialists have provided.

Chin'an,
Amy Topmiller
Multiple Disabilities Specialist and Newsletter Editor

RESOURCES

Low-Tech Resources (printable links, hands on, etc.)

- [Book Printables](#)
- [Early Learning Activities](#)
- [ExamplesNon-Tool Sensory Activities](#)
- [Printable Instructional Materials from Boardmaker Online \(free access, requires login\)](#)
- [The Listening Room \(Free Library Of Listening Training Activities, requires login\)](#)
- [Printable Materials Folder](#)



High-Tech Resources (web based academics, computer access, etc.)

- [Virtual Field Trips](#)
- [Pre-K-5 Interactive Educational Games](#)
- [Teaching Remotely to DHH Students \(CEC\)](#)
- [Remote O&M Instructional Ideas](#)
- [ObjectiveEd Skill-Building Games for VI Students free access, requires login](#)
- [KAKM TV Learning Schedule](#)

Professional Development Resources

- [ASDN Professional Development for Teachers Calendar](#)
- [SESA DHH Event & PD Calendar](#)

Rec Leisure (storytime videos, mindfulness, family activities, life skills, physical activities,etc.)

- [Mindful Responses to COVID-19 Resources](#)
- [Mindfulness Resources for Parents & TeachersGuided Mindfulness Activities \(Google Docs\)](#)
- [Mindfully Accepting Stress & Difficult Emotions \(videos\)](#)
- [Age 2-6 Virtual Storytime](#)
- [AAC Family Games](#)

- [Alaskan Early Childhood Activities \(english, spanish, Yup'ik\)](#)
- [Storyline Online Video Books](#)
- [Trivia Educational Games on Alexa and Google Assistant VI Resource](#)
- [ASL E-BooksASL Books via QR Codes](#)
- [ASL Library](#)
- [Goodnight with Dolly:](#)



Accessible Activities

(closed caption, eye gaze, audio resources, etc.)



- [Eye Gaze, Switch and Other Accessible Activities \(free access requires login\)](#)
- [E-Learning for students with Hearing Loss](#)
- [Downloadable activities for Eye Gaze & Switch Users](#)
- [Accessible Books \(downloadable using keynote\)Academic and Rec Leisure Materials \(Free access requires login\)](#)
- [Streamer - Free 30 Day Trial \(Computer Generated Captioning\)](#)
- [Ava - Computer Generated Captioning](#)
- [Purple Communication \(Video Remote Interpreter\)](#)
- [Alaska Interpreting Alliance \(Video Remote Interpreter\)](#)
- [Math Activites for Students with Visual Impairments](#)
- [Remember Accessibility in the Rush to Online Instruction: 10 Tips for Educators](#)
- [Skype - Computer Generated Subtitles](#)
- [Caption Sync \(Real-Time Captioning\)](#)